



INTERDISCIPLINARY CO-OP PROGRAM BEGINNER RESOURCE SHEET

What is the Interdisciplinary Co-op Program?

For more information: <https://coop.ok.ubc.ca/prospective-co-op-students/>

Benefits of Interdisciplinary Co-op

Why you should take advantage of the Co-op Program to enrich your undergraduate experience:

<https://coop.ok.ubc.ca/prospective-co-op-students/why-join-co-op/>

What is Expected of a Co-op Student?

Familiarize yourself with Co-op Terms and Conditions! These outline what is expected of Co-op students at each stage of the program so that you can make the most of your Co-op experience:

<https://coop.ok.ubc.ca/wp-content/uploads/sites/34/2022/08/Co-op-Terms-and-Conditions.pdf>

How Does Co-op Impact Your Graduation Date?

- Review examples of the different ways you can sequence your Co-op Program experience here: <https://coop.ok.ubc.ca/wp-content/uploads/sites/34/2022/08/Co-op-Sequencing-Options.pdf>
- We strongly recommend you speak with [Academic Advising](#) to see how you can best fit Co-op into your undergraduate journey!

Who Hires Co-op Students?

Learn more about what kinds of **organizations** are looking to hire, and check out our **Student Profiles** for more detail on the co-op student experience: <https://coop.ok.ubc.ca/prospective-co-op-students/employment-opportunities/>

Applying to Co-op and Reminder

Applications open September 1st – 30th! For more information on what the application looks like,

eligibility criteria, and **fees** involved: <https://coop.ok.ubc.ca/prospective-co-op-students/apply-to-co-op/>

- Sign up for a reminder when applications open here: https://ubc.ca1.qualtrics.com/jfe/form/SV_9pjUX7JvWJQ2tcW

Are you an Engineering Student?

Students in Applied Science (Engineering) need to apply through the Applied Science Co-op by the application deadline of Sunday, September 8th, 2024.

- Website: <https://coop.apsc.ubc.ca/>
- Connect in: <https://coop.apsc.ubc.ca/contact/>

Boost Your Co-op Application

While co-op applications are evaluated on a variety of factors, and students without prior paid or unpaid experience have been admitted into the program, we highly recommend the following ways to make your application stand out!

- Visit the **UBCO Job Board** for volunteer, part-time, and internship opportunities that can enhance your profile: [Student & Alumni Job Board](#)
- Connect with **Academic & Career Advising** for additional support in building your experience portfolio before you apply: <https://students.ok.ubc.ca/career-experience/career-development/>
- For more helpful **resources**: <https://students.ok.ubc.ca/career-experience/get-experience/>

Contact the Co-op Office:

Whether you have any questions regarding the application process, your eligibility, what being in Co-op Program looks like, or something else, we're happy to [connect in!](#)

- Email: coop.ok@ubc.ca
- Main office phone: 250-807-9623
- Location: EME 2171, 1137 Alumni Ave, Kelowna, BC, Canada V1V 1V7
- Hours of operation: Monday – Friday 8:30 am – 4:30 pm